

CORPORATE WELLENSS WITH SHINE:

Whether you're looking for meaningful professional development, to reward your employees, or boost morale, Shine makes it easy. We handle all the heavy lifting—from planning to facilitation—so you can focus on what matters: your people.



CORPORATE retreats

Signature Self-Development Program

Pick from one of our signature programs:

- 😊 Positive Psychology
- 🧠 NeuroBoost
- 💪 Wellness Warriors
- 🧑‍🤝‍🧑 CliftonStrengths for Teams

Up to Two Self-Care or Team Building experiences

Choose from options such as Yoga/Chair Yoga, Sound Therapy, Breathwork, Meditation, Nature Excursions and more. Or an engaging experience that creates connection and trust—no trust falls required.

Two Ways to Host

At Our Education + Retreat Center in Kent, OH

Host an intimate, high-vibe experience for up to 16 people at our serene, fully-equipped education and retreat center.

At Your Conference Hall or Event Venue

We come to you! Perfect for large teams—up to 200 employees. We'll bring the same transformational energy to any conference space.



contact your Shine Corporate Training Associate
Or cortney@shineohio.com for more information