

FAQ: QUANTUM CREATING 3-DAY IMMERSION

What is Quantum Creating?

Quantum Creating is a transformative three-day immersion designed to help you break free from conventional limitations and step into the quantum field of infinite possibilities. This experience is rooted in the teachings of Joe Dispenza, Abraham Hicks, and the wealth of knowledge Cortney Martinelli has gained through her own quantum leaps and creations over the past 20 years.

When and where is the event?

Date: July 14-16

Location: Offsite (Airbnb) within 30 minutes of Shine Ohio

How much does it cost?

The cost for the three-day immersion starts at **\$749**.

What is included in the cost?

- Accommodation for three days and two nights
- All meals and refreshments
- All immersive sessions, meditations, and activities

Do I have to apply?

Yes, you must apply as there are **limited spots available**. Not everyone will be able to join our July dates.

Is this part of a training program?

Yes, this experience is part of our **300-hour yoga teacher training program**. However, we are opening up additional limited spots for others to join us.

Who is leading this experience?

Cortney Martinelli, founder of Shine Ohio and an expert in frequency medicine, energy management, and quantum creating, will guide you through this immersive experience. Her teaching approach simplifies complex concepts, making them accessible and practical for lasting transformation.

What can I expect to learn?

- Understanding and applying quantum physics principles to personal transformation
- Practical techniques such as meditation, breathwork, and chanting
- Shifting from a cause-and-effect model to a quantum reality where energy responds to your intentions

- Creating your future by rewiring your brain for new possibilities

Why is now the right time for this experience?

Our models of reality are shifting, making this the perfect moment to embrace a new way of being. Instead of waiting for a crisis to initiate change, this experience empowers you to take control of your transformation through intention and elevated emotion.

Who is this for?

This immersion is for those ready to:

- Detox old habits and cultivate new, empowering ones
- Break free from outdated paradigms and step into a higher level of awareness

How do I register or ask more questions?

Please do not “register” until you have been accepted into the program. You can apply [here](#)