



Shine Corporate Training delivers high-impact, heart-centered programs designed to elevate workplace culture, build resilient teams, and unlock human potential. Powered by Shine Ohio—an award-winning education and retreat center based in Kent, Ohio—we've been serving up best-in-class training since 2011.

Founded by Cortney Martinelli, a former Fortune 100 corporate leader with over two decades of experience, Shine blends evidence-based strategies with holistic wellness to bridge personal growth and professional development. Our team collaborates with organizations across industries to deliver transformative programs that stick.

Our growing list of clients includes nationally recognized organizations such as Sherwin-Williams; hospitals; locally owned financial institutions; nonprofits like Summit County Children Services; and national industry associations.

Services

SIGNATURE COURSES

FULL + HALF DAY OPTIONS

- Positive Psychology: Building a Resilient Workforce
- NeuroBoost: Unlock Brainwave Potential for Workplace Excellence
- CliftonStrengths for Teams and Managers

90-MINUTE WORKSHOPS

- The Power of Positive Thinking
- Managing Your Energy for Success
- Brainwaves + Breath (Intro to NeuroBoost)

ADDITIONS

- Private Retreats
- Teambuilding Sessions
- Yoga/Chair Yoga
- Sound Baths/Therapy
- Meditation
- Breath Techniques



Pricing

CORPORATE TRAINING

Prices are for our Signature Courses based on 20 employees or less.

We can provide a customized quote as needed for or Corporate Retreats

DURATION

STARTING COST

CLASS SIZE

FULL DAY: 6.5 HOURS

Positive Psychology (2 courses)

\$5,000

< 20

HALF DAY: 4 HOURS

NeuroBoost

\$3,500

< 20

CLIFTONSTRENGTHS: 3 HOURS

For Managers and Teams

\$2,500*

< 20

KEYNOTES

Customized

\$5,000

UNLIMITED

*does not include the CliftonStrengths profile fee for each participant



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Program Snapshot

POSITIVE PSYCHOLOGY

BUILDING A
RESILIENT
WORKPLACE

2 SEPARATE COURSES
FULL DAY
LUNCH + LEARN
KEYNOTE

NEUROBOOST

UNLOCK
BRAINWAVE
POTENTIAL

1 COURSE
HALF DAY
LUNCH + LEARN
KEYNOTE

CLIFTON STRENGTHS

LEARN
YOUR
SUPERPOWERS

1 COURSE
HALF DAY

CORPORATE RETREATS

CUSTOMIZABLE

HALF DAY
FULL DAY
MULTIPLE DAY

Program	Resilience	Change	Effectiveness	Leadership	Team-building	Wellbeing	Mental Strength	Coping	Personal Development
Positive Psychology	x	x	x	x	x	x	x	x	x
NeuroBoost	x	x	x				x	x	x
Wellness Warrior	x		x			x		x	x
CliftonStrengths			x	x	x				x



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